

West Hartford's Chef to School Program

Last year West Hartford Nutrition Services worked with Hunter Morton, Executive Chef for Max's Downtown Restaurant and a West Hartford parent, to enhance the menu selections and increase students' consumption of fruits, vegetables, legumes and whole grains. There was a dedicated group of parents from Growing Great Schools Organization that helped with formal taste tests at the pilot schools – Norfeldt, Bugbee and Charter Oak – to encourage students to try the new menu items. The program is continuing for the 2011-2012 school year and is expanding to all the elementary schools. Look on the monthly lunch menu for the (C) symbol beside Chef to School menu items. It is important that these items sell if they are to continue being offered and if other new items are to be developed this year. Duffy will be hosting a taste test of one of the new menu items, the Fiesta Wrap, during lunch on Thursday, September 22, 2011. Please encourage your children to give something new a try.

The Duffy Nutrition Committee will continue to work with Nutrition Services to be a part of future initiatives. If you are interested in volunteering on the Nutrition Committee please contact Susan Kamin at kamin.susan@gmail.com or Denise Torla at dtorla@sbcglobal.net.